Risk Management & Insurance



Benefit News

Flexible Spending Accounts (FSA) reminder

The deadline to submit 2020 claims for reimbursement or substantiation for the FSA is March 31, 2021. Balances left over will be forfeited and used to offset the expenses of the plan. Visit our Flexible Spending website for a claim form, a list of eligible expenses and answers to frequently asked questions. Don't wait until the last day to submit your claims!

Health Reimbursement Account (HRA) included with the CDHP Health Plan

The HRA deadline to submit 2020 claims for reimbursement or substantiation is also March 31, 2021. Funds for the 2021 plan year were added to the account and accessible on January 1st for 2021 claims. In addition, anything left in the 2020 HRA account will be rolled over the first part of April to be used for any 2021 claims. If you have questions, please contact PayFlex at 888-678-8242.

Employee Assistance Program – "Choosing Your New Normal"

The pandemic has changed everything. Everyone wants to get back to "normal". However, things may never go back to pre-Covid status. So, what will your "New Normal" be?

Use <u>this questionnaire</u> to help you determine how well you are coping and guide you as you choose a new direction for your life.

Remember, the EAP is available 24/7 to assist you at 800-848-9392.

Wellness News

Limeade Begins March 1, 2021

The new wellness program, Limeade, is coming soon! This program will be available to all employees with medical insurance through PCS and their dependent spouses. Employees will have opportunities to earn the annual Wellness Incentive, as well as additional incentive. More information will be coming soon!

All 2020 credits must be rectified by February 26, 2021

Be sure to check your wellness credits on your Aetna.com account. If you are missing any credits, please report them to Jessica O'Connell pcs.oconnellj@pcsb.org or Gina DeOrsey pcs.deorseyg@pcsb.org by 2/26/2021.

2021 Spring Wellness Webinars

Throughout the spring semester there will be a variety of different wellness webinars. Employees must register for these webinars. Full list of webinars and details can be found on <u>Wellness District Campaigns</u>. Upcoming webinars

2/16 @ 5:00pm – Basic Estate Planning | Financial – Register

2/18 @ 5:30pm - Guided Meditation: Yoga Nidra - Register

2/24 @ 5:00pm - Balancing Work & Home | EAP - Register

Employee Discounts

Pinellas County Schools Main Discount Page

<u>PerkSpot:</u> travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB

New! PerkSpot Browser Extension – Never miss a deal!

- <u>Tickets at Work:</u> exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- LA Fitness/Esporta 30-day free guest pass.
- Amalie Arena and Yuengling Center upcoming events

Please note, Amalie Arena is not allowing fans at this time due to Covid-19. Tickets will remain on sale for future events and customers will be contacted for any changes to their events.